NHS
Great Ormond Street Hospital for Children
NHS Foundation Trust

About COVID-19 coronavirus

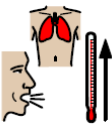|	
	At the moment, there is a bug affecting some people. The bug affects the lungs, making it harder to breathe.
	The number of people who have this bug is getting bigger. This means we have to look at how GOSH can help.
	We have decided to stop some check-ups, tests and operations at the moment and we will make sure this is safe for you.
	Remember, when your doctor thinks you need the check-up, test or operation, we will re-book this for you as soon as possible.
	If you get your medicines from GOSH, we will use new ways to get these to you.
	If you get ill or your health gets worse, our doctors and nurses will always be here for you on the phone or computer.
	If you need to come to hospital, we will arrange this for you.
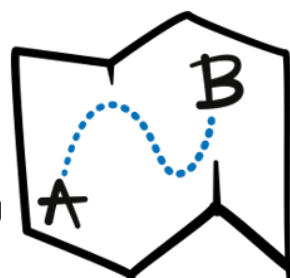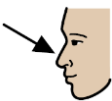
!	Remember, the NHS says we should all:
	Wash our hands with soap and water for 20 seconds lots of times during the day.
	Use alcohol gel if you cannot use soap and water.
	If you need to cough or sneeze, always use a tissue to catch it rather than your hands. If you don't have any tissues, use your sleeve instead.
	Don't touch your face – eyes, nose and mouth – if you haven't washed your hands.
	Throw your used tissue in a rubbish bin. Do not carry it around with you or leave it on the side.
	You can go out once a day to get some fresh air and exercise. You should stay at home the rest of the time.
	If you have a cough or high temperature, stay indoors for 14 days.
!	Do not go to your doctor or pharmacist.
	If you do not get better after 7 days or you get worse, call NHS 111 for advice.

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